



— Cummings Great Expectations —
BLACK HISTORY MONTH



February 2021

Happy Black History Month!

Black History Month, celebrated February of every year, is a fantastic opportunity to teach children about world history, social studies, and modern politics.

Specifically, we look this month to highlight African American achievements and recognize the central role African Americans have played in U.S. history. Today, this month and everyday we observe, commemorate, and champion Black culture: past, present, and future. The roots of Black History Month can be traced way back to the early 1900s. From musical exploration of Rhythm and Blues, to Martin Luther King's "I have a dream...", there are many important Black History lessons for kids to learn. Let's celebrate, keep learning, and making history!



Meet The Cummings Family!

Charese McLean is a Parent Navigator and has been working at both Cummings and Educare for 3 years. Her favorite food is collard greens and her favorite color is purple. Her favorite book is *Dust Tracks on a Road* by Zora Neale Hurston. Her favorite season is spring and she loves fishing, gardening, decorating, and candle making. Her favorite thing to do is assist parents with achieving their goals, because when they feel more accomplished, that motivation rubs off on the children.

"Sometimes our inner flame is completely blown out or is dim. I truly enjoy assisting parents with re-igniting their flame. Whether it's goal setting, GED completion, and/or simply just lending a listening ear, I love working with our families. They inspire me more than they know."

From Our Executive Director

J'A'NEL JAMERSON

We are proud to recognize the many vital contributions Black Americans have made to U.S. history and culture. The recent national reckoning on racial equity and justice makes this year's Black History Month all the more relevant, as the spirit of activism in the face of oppression is central to the story of Black people in America. As we continue our work of preparing Flint's next generation of young and gifted leaders, we are taking time to honor the legacy of a few of our community's Black history-makers who paved the way. Be sure to follow our social media platforms to stay up-to-date on how our students and staff are celebrating Black History Month.

@GreatCummings | @Cummings-Great-Expectations | @CummingsGreatExpectations

CUMMINGS GREAT EXPECTATIONS

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Mark Your Calendars:



Important Dates

- February 15: President's Day NO SCHOOL
- February 25: Parent Café 9:30am-10:30am
- February 26: Black History Month Celebration: Family, Food and Music

From Our School Director

MICHELLE TOWNSEND

It is hard to believe that the 2020-2021 school year is at the half way point! In fact, the 100th day of school is February 9th. I could not be prouder of the students, teachers and families as they have tackled the unique challenges of being at school during this time. I want to thank everyone for their patience, understanding and commitment as we continue to move forward. Our commitment to learning at Cummings remains unwavering. I would like to thank you for your support throughout the year in helping us create a strong, safe and positive learning environment.

February Heart Awareness Month

- Keep Moving
- Be Positive
- Limit Screen Time
- Schedule Check-ups Before Sport Season
- Go to the Grocery Store Together
- Keep Healthy Options on Hand
- Make Dinner a Family Affair
- Check Salt Intake
- Stay Involved
- Be Realistic



Scan this QR code to complete the health check survey each morning.

From Our Family Engagement Coordinator

MIKE KILDEE

Hello Cummings Families!

I hope all is well as we make our way through another Michigan Winter. But, March is just around the corner and that means Spring is not too far away!

With the cold weather, if you or your child are in need of winter coats, boots, hats, mittens etc... please contact Rob, your Family Engagement Advocate at Cummings for assistance. Phone: 810-600-5462.

“Virtual Parent Café”– On behalf of the entire Cummings Team, I would like to take the opportunity to invite you to our **Virtual Parent Café** scheduled for **Thursday, February 25th from 9:30 a.m. until 10:30 a.m.**

Parent Café is a great opportunity to meet with other parents in our Early Childhood Programs for great conversations. This is what we have planned:

- **Hear from our guest speaker, Ms. Ana Vargas from SIPI (Social Impact Philanthropy and Investing) as she speaks about “Managing Your Time Wisely.”**
- Learn about resources in our community and share resources that have benefitted your family.
- Hear about what is happening in Head Start and share your ideas so that we can work together to make our program the best for children and families.
- **FREE GIVEAWAY Raffle!**
- And so much more....

Due to the Covid 19 restrictions, we will host Parent Café on Zoom.

The link to register for this meeting is: bit.ly/36CsSaR

Hope to see you on Zoom!



THANK YOU FOR ALLOWING US TO BE A PART OF YOUR FAMILY!